Farrell Area Schools Head Start Breakfast Menu

May 2024

Way 2024								
	Monday	Tuesday	Wednesday	Thursday	Friday			
Farrell Area School District			1 WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk	2 WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk	3 WG BLUEBERRY MUFFIN TOP 6/g sugar per ounce 4oz Orange Juice 1% White Milk			
	6 WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk	7 WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk	8 WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk	9 WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk	10 WG BLUEBERRY MUFFIN TOP 6/g sugar per ounce 4oz Orange Juice 1% White Milk			
	13 WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk	14 WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk	15 WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk	16 WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk	17 WG BLUEBERRY MUFFIN TOP 6/g sugar per ounce 4oz Orange Juice 1% White Milk			
All bread is whole grain	20 WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk	21 WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk	22 WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk	23 WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk	24 WG BLUEBERRY MUFFIN TOP 6/g sugar per ounce 4oz Orange Juice 1% White Milk			
	27 NO SCHOOL Memorial Day	28 WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk	29 WG ASSORTED CEREAL 6/g sugar per ounce 4oz Orange Juice 1% White Milk	30 SUMMER LUNCH PROGRAM STATRS JUNE 6TH 11:30 TO 12:00	31			
Menu subject to change								
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The National School Lunch Program states that no student will be discriminated against on the basis of race, color, national origin, sex, age, or disability

Farrell Area Schools Head Start Lunch Menu

May 2024

Forrell Area School District	Monday We are hiring for cafeteria positions 724.854.8015 if interested	Tuesday SUMMER LUNCH PROGRAM STARTS JUNE 10TH 11:30 TO 12:30	Wednesday 1 BAKED CHICKEN Whole Grain Dinner Roll Mashed Potatoes 1/2 cup fresh or cupped fruit Low fat milk	Thursday 2 PENNE PASTA with MEAT SAUCE Garden Romaine Salad 1/2 cup fresh or cupped fruit Low fat milk	Friday 3 CHEESE PIZZA Garden Romaine Salad 1/2 cup fresh or cupped fruit Low fat milk
	724.854.8015	STARTS JUNE 10TH	Whole Grain Dinner Roll Mashed Potatoes 1/2 cup fresh or cupped fruit	PENNE PASTA with MEAT SAUCE Garden Romaine Salad 1/2 cup fresh or cupped fruit	CHEESE PIZZA Garden Romaine Salad 1/2 cup fresh or cupped fruit
			Low Idt IIIIK		Low fat thirk
	6 BBQ RIB SANDWICH on Whole Grain Bun French Fries 1/2 cup fresh or cupped fruit Low fat milk	7 WALKING TACOS with Whole Grain Tortilla Chips Corn 1/2 cup fresh or cupped fruit Low fat milk	8 ASIAN CHICKEN on Bed of Brown Rice Steamed Broccoli 1/2 cup fresh or cupped fruit Low fat milk	9 ZITI with MEAT SAUCE Garden Romaine Salad 1/2 cup fresh or cupped fruit Low fat milk	10 MEATLOAF Whole Grain Dinner Roll Mashed Potatoes 1/2 cup fresh or cupped fruit Low fat milk
Daily fruit choices may include: apples, oranges, bananas, applesauce, strawberries, peach cups, and apple slices	13 SLOPPY JOES on Whole Grain Bun French Fries 1/2 cup fresh or cupped fruit Low fat milk	14 HOT HAM & CHEESE SANDWICH on Whole Grain Bun Steamed Broccoli 1/2 cup fresh or cupped fruit Low fat milk	15 CHICKEN SANDWICH on Whole Grain Bun Baked Beans 1/2 cup fresh or cupped fruit Low fat milk	16 ROTINI with MEAT SAUCE Garden Romaine Salad 1/2 cup fresh or cupped fruit Low fat milk	17 PIZZA Garden Romaine Salad 1/2 cup fresh or cupped fruit Low fat milk
All bread is whole grain	20 MEATBALL HOAGIE on Whole Grain Bun French Fries 1/2 cup fresh or cupped fruit Low fat milk	21 NACHOS GRANDE on Whole Grain Tortilla Chips Corn 1/2 cup fresh or cupped fruit Low fat milk	22 CHICKEN NUGGETS Whole Grain Dinner Roll Corn 1/2 cup fresh or cupped fruit Low fat milk	23 PIZZA Garden Romaine Salad 1/2 cup fresh or cupped fruit Low fat milk	24 BREAKFAST FOR LUNCH French Toast Sausage Hash Brown 1/2 cup fresh or cupped fruit Low fat milk
Menu subject to change	27 NO SCHOOL Memorial Day	28 CHEESEBURGERS French Fries	29 COOK'S CHOICE	30 SUMMER LUNCH PROGRAM STARTS JUNE 10TH	31 We are hiring for cafeteria positions 724.854.8015

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